



7th Annual Gasparilla Island 5K & 10K Run

RunBocaGrande.com



DATE & LOCATION

- Sunday, October 3, 2010
- 7:30 a.m. **SHARP** 5K & 10K start
- Boca Grande Community Center

Fee

- \$20 pre-registered
- \$25 day of the event (6:00 – 7:00 a.m.)
- No refund of race entries
- Please note that Gasparilla Island is accessed by a toll bridge

DOOR PRIZES

There are two grand prizes, presented by Boca Grande Village Inn and Anchor Inn through Parsley-Baldwin Realty. For the 5K participants, there is a three day/two night stay for up to four people at the Boca Grande Village Inn. The 5K grand prize is valued at \$400. Visit Boca Grande Village Inn at parsley-baldwinrealty.com. For the 10K participants, there is a three day/two night stay in one of Anchor Inn's two bedroom units for up to four people. The 10K grand prize is valued at \$800. Visit Anchor Inn at anchorinnbocagrande.com. Lots of door prizes will be given away but you must be present to win.

THE RUN

Join us for a beautiful run on Gasparilla Island. The 5K & 10K runs start at the Boca Grande Community Center and travels by scenic views of Charlotte Harbor, through the historic district of Boca Grande, down palm tree lined Gilchrist Avenue and finishes on famous Banyan Street. Several water stations will be on the course and refreshments will be available during the post race activities.

5K & 10K AGE DIVISIONS & AWARDS

Awards will be given to the first, second and third place male and female winners in each age division: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+ and wheelchair. Special awards will be given for the male & female overall, master (40+), grandmaster (50+), and senior grandmaster (60+) winners.

LONG SLEEVE SHIRTS

Long sleeve shirts will be distributed to the first 200 paid participants. Shirts are not guaranteed to those who register on race day.

REGISTRATION

Register at ACTIVE.COM or complete the registration form on the reverse side. Make checks payable to **F.B.G.C.C.** and mail to: Boca Grande Community Center, Attn: Gasparilla Island 5K & 10K, P.O. Box 429, Boca Grande, FL 33921

RACE PROCEEDS

A portion of the proceeds goes to help support youth programs offered at the Boca Grande Community Center.

INFORMATION

For more information go to RunBocaGrande.com, call Joe Wier or Bob Green at (941) 964-2564 or e-mail GREENRE@LEEGOV.COM.



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Male _____ Female _____ 5K _____ 10K _____ Wheelchair _____
Age _____ (on 10/3/10) Shirt Size S _____ M _____ L _____ XL _____
Last Name _____ First Name _____
Address _____
City _____ State _____ Zip Code _____
Home Phone (____) _____ E-Mail Address _____

PARTICIPATION WAIVER

I, _____ voluntarily agree to indemnify and hold harmless Lee County BoCC, the County's Parks and Recreation Division, Friends of Boca Grande Community Center, Zoomers Southwest Florida Running & Triathlon Club, Gasparilla Island Conservation & Improvement Association and any employee and/or member of Lee County BoCC, Friends of Boca Grande Community Center, Zoomers Southwest Florida Running & Triathlon Club, Gasparilla Island Conservation & Improvement Association against any and all claims by or behalf of any person or legal entity arising from the applicant's use of premises, the conduct of applicant's business or from any activity permitted by the applicant in or about the premises, and will further indemnify and hold harmless Lee County BoCC, Friends of Boca Grande Community Center, Zoomers Southwest Florida Running & Triathlon Club, Gasparilla Island Conservation & Improvement Association its departments, employees and members against performances of any agreements on the applicant's part, or the applicant's agents, contractors, employees, or licensees, and from and against all cost, attorney's fee, expenses, and liabilities incurred in or about any claim or proceeding brought thereon, all to the extent of the Lee County, Friends of Boca Grande Community Center, Zoomers Southwest Florida Running & Triathlon Club and Gasparilla Island Conservation & Improvement Association liability under general law. The applicant must adhere to all Lee County Ordinances and Parks & Recreation policies. I am adequately trained, and hereby release sponsors and officials involved from liability from injury, illness or death suffered in connection with this event. In case of injury, I authorize race officials to use their discretion to have me transported to a medical facility and I take full responsibility for this action.

Signature of runner (parent/guardian if under 18)

Date

RESTRICTIONS & CAUTIONS

For the safety and enjoyment of all, the course is restricted to registered participants and race officials only. Unregistered runners, unauthorized vehicles, bicycles, skateboards, rollerskates, rollerblades and scooters are strictly prohibited. Runners are prohibited from carrying objects with them while they run to prevent the possibility of injury to themselves or others. We discourage the use of radio/recorder headphones. The risk of running in high temperature and humidity is inherent to Florida running. Be sure to drink plenty of fluids before the start of the event and remember to replace your fluids on the course and after the finish.



LOCATION

Boca Grande Community Center - (941) 964-2564
P.O. Box 429 - 131 First Street West
Boca Grande, FL 33921



DIRECTIONS

SOUTHBOUND I-75

Exit at River Road (#191) turn right and head south, turn left onto Pine Street, crossover McCall Road, Pine Street turns into Placida Road (S.R. #775), turn right at traffic light for Boca Grande (Boca Grande Causeway), go through first and second stop signs. Facility is located on left at third stop sign (corner of Park Avenue and First Street).

NORTHBOUND I-75

Exit at King's Hwy. (#170) and turn left and head west, turn right onto Veteran's Blvd. (S.R. #776), turn left onto Gasparilla Road (S.R. #771), turn left at traffic light for Boca Grande (Boca Grande Causeway), go through first and second stop signs. Facility is located on left at third stop sign (corner of Park Avenue and First Street).